

Where to eat?

Université Laval is located in the heart of Ste-Foy, an important commercial district of Québec. Consequently, there are many options for places to eat.

Note that, usually, the prices you will see on menus include neither taxes, which are about 15%, nor service, which is at your discretion, but is usually around 15% (tip : look at the amount of taxes on your bill to calculate the tip!).

LUNCH

Restaurants located from a 15 minute walk or less from the campus:

- There is a food court in the Pyramide de Sainte-Foy **(1)**. There are about 7 or 8 food stalls there. This is a mere 10-minute walk from the Pavillon Vachon, if you follow the footpath that goes along the Stade Telus (Stadium Telus).
- If, instead of heading for the pyramid, you turn left at the end of the footpath you will end up at Les Halles de Sainte-Foy **(2)**. You will spot it by the McDonalds arches, but you will also find a variety of good food stalls: Chinese, fresh pasta, sushi counter.
- There are several fast-food counters and restaurants in the two big shopping centres Place Sainte-Foy **(3)** and Place Laurier **(4)**, west of campus.
- Located on Avenue Myrand, east of the campus, there are 3 nearby restaurants indicated by the marker **(5)**: Café au temps perdu is a bistro with a laid-back atmosphere and an excellent selection of imported beers. Next to it you will find Matto, a nice Italian restaurant, and L'gros luxe (the type of dishes that one gets in a restaurant type brewery: burgers, nachos, poutine, macaroni and cheese, grilled cheese, tacos, etc.)

DINNER

Near campus

- Within walking distance of the uni residences (about 30 minutes), you will find a good concentration of restaurants on Avenue Maguire **(6)**, the main commercial street in Sillery, the area south-east of the campus.
- There are also several steak houses on Boulevard Laurier: Bâton Rouge **(7)** in Place Ste-Foy and La Bête **(8)** a bit further west. Bistango **(9)**, located in Hotel Alt, is a nice restaurant renowned for its tartares.
- Paris Grill **(10)** which is a Parisian-inspired atmosphere: grilled meats, tartares, etc.
- Pizza des Chefs **(11)**
- Chez Victor **(8)**, just next to the Restaurant La Bête, it specializes in posh hamburgers (including vegetarian options).

Restaurants with vegetarian options: Unfortunately, there are not so many options for eating decent vegetarian dishes nearby the campus. Three restaurants that I know of with some vegetarian options that can be reached by foot from the uni residences are Chez Victor **(8)**, L'gros luxe **(5)** and Café au Temps Perdu **(5)**. If you are willing to take a bus or to drive, there are three relatively good vegetarian restaurants that I can recommend: Bachir (easy to get there by bus), Arvi (located in Vieux-Limoilou) and Masaru Sushi (located in old downtown).

Copy of Map where to eat

Map_of_places_where_to_eat

- 1 Pyramide de Sainte-Foy
 - 2 Halles Sainte-Foy
 - 3 Place Ste-Foy
 - 4 Laurier Quebec
 - 5 Café au Temps Perdu
 - 6 Avenue Maguire
 - 7
- Le Bâton Rouge Grillhouse & Bar
- 8 La Bête
 - 9 Le Bistango
 - 10 Paris Grill
 - 11 Pizza des Chefs

Vachon_and_Hotels

-  Pavillon Vachon
-  Pavillon Parent
-  Hôtel Universel

